



## SESSION 5

### SUGGESTIONS FOR FURTHER READING

Jean Vanier, *Becoming Human*,  
Paulist Press

Michael Downey, *Hope Begins Where Hope Begins*,  
Orbis Books

St. Teresa of Avila, *The Interior Castle* or  
*The Life of St. Teresa of Avila*

Rosemary Broughton, *Praying with Teresa of Avila*,  
Companions for the Journey Series,  
St. Mary's Press

*United States Catholic Catechism for Adults*:  
Chapter 8. The Good News: God Has Sent His Son

*Catechism of the Catholic Church*:  
Paragraphs 787-796, 1114-1121, 1878-1917,  
1939-1942, 2044-2046

